



Support Parent Summit

Virtual

October 9, 2024

12 p.m. - 3 p.m. ET | 11 a.m. - 2 p.m. CT | 10 a.m. - 1 p.m. MT | 9 a.m. - 12 p.m. PT | 8 a.m. - 11 a.m. AKT

Connect, Learn, and Celebrate with Support Parents Nationwide

Are you ready to be inspired? Don't miss this unique opportunity to meet fellow volunteers from across the country and enhance your support skills!

Event Highlights:

- **Compassion Fatigue Workshop**
Presented by Lauren Alvarez, MA, LPC Candidate
Learn strategies to maintain your emotional well-being while supporting others
- **Active Listening Skill-Building Session**
With Laurie Shook, Family Support Specialist
Sharpen your communication skills to provide even better support
- **Networking Opportunities**
Connect with other passionate volunteers and share experiences
- **Awards Ceremony**
Celebrate the outstanding achievements of our dedicated Support Parents

What attendees tell us:

“ I really enjoyed all of it. Getting a sense of community from other people and connecting across the country. Hearing other people's stories. Getting new and useful information to use in future matches!”

This Is Your Chance To:

- ✓ Gain valuable insights
- ✓ Build your support network
- ✓ Refresh your skills
- ✓ Be recognized for your incredible work

Don't miss out on this exciting event!

› To learn more, contact your local Parent to Parent organization: www.p2pusa.org/parents

